

Name: _____

Attendance is mandatory for all Confirmation sessions. If absence is unavoidable due to illness or family obligation, this homework sheet must be completed. A parent or sponsor must sign this sheet!

1. Check the session date and corresponding assignment that you are making up:

- September 29: Dynamic Catholic Sessions 1 & 2
- October 6: Dynamic Catholic Session 3
- October 20: Dynamic Catholic Session 4
- November 17: Dynamic Catholic Session 5
- December 1: Dynamic Catholic Session 6
- December 15: Dynamic Catholic Sessions 7 & 8
- January 5: Dynamic Catholic Sessions 9 & 10
- February 16: Dynamic Catholic Sessions 11 & 12

A Dynamic Catholic book is available at class or you can view both the videos and book online at <https://dynamiccatholic.com/confirmation/program-view>

For each session, you must answer all the questions from the book sessions. You may watch the videos or read the pages (or both). You may discuss the questions with your parent or sponsor.

Evidence that you completed the questions from each chapter must be attached to this sheet.

2. Use the following questions to discuss with your parent/sponsor and write at least 5 sentences for *each* reflection, for a total of at least 15 sentences.

Pre-Mass Reflection Questions

What has dominated your attention lately? What could you ask God for help with? Has God been working in your life? Have you talked to God recently and really listened for God's response?

Mass Reflection Questions

What were the readings for mass today? Was there a word or phrase that stood out to you? Imagine that you were present in one of the readings - describe your experience. What did you think of the priest's homily? Do the readings relate to your life? What or Who are you most thankful for in your life? Can you offer a personal weakness to God today? How have you failed to be the person that God intends for you to be? Are there people that you have hurt with your words or actions (inaction)?

Post-Mass Reflection Questions

What experiences during the Mass did you find most relevant to your current situation and life? What habits should you form to avoid sin in the future? Is there anything for which you will make a commitment to be thankful for today? How will you bring Christ to the world today? What will you do to show God's love to others? What are the greatest needs that you see in your everyday life?

Attach your Mass Reflection of at least 15 sentences to this sheet.

We attended mass at St. _____ Church for the _____ mass.

Parent or Sponsor Signature:
