

# Cold Hands Warm Heart

All high school students are invited to participate in Cold Hands Warm Heart, an overnight experience sleeping in a cardboard box. This night is a prayerful and interactive way to better understand the complex issue of homelessness in our community.

Saturday October 27th - St. Charles Gym Foyer

5-7pm Registration and Box Construction

7pm Soup Kitchen meal

8pm TLC Small Group Discussions

10pm Mass with Fr. Jim

11:30pm Overnight in Your Box Begins

Sunday October 28th - St. Charles Gym Foyer

6:30am Wake-Up and Clean-Up (box goes home!)

7-7:30am Breakfast

Cold Hands Warm Heart is also an opportunity to raise funds to support the Transitional Living Center in Burlington. Their mission is to provide families and individuals with temporary shelter and basic necessities while assisting them in gaining skills to become self-sufficient, employed, and independent.

A minimum of \$50 must be raised by each student that participates. There is a huge opportunity to gather those funds through businesses and other sponsors. All sponsor forms are due and all pledges must be turned in when you register on Saturday.

All checks should be made payable to **Transitional Living Center (TLC)**.

What to bring:      Permission slip signed by parent/guardian  
Sponsor sheets and all donations (cash or checks) collected  
Medication (listed on permission slip)  
Box shelters (must go back home on Sunday)  
Warm clothes (hats, gloves, etc)  
Tarp or plastic sheet (in case of rain)  
Strapping tape (duct tape does not work)  
Sleeping bag and pillow

Do Not Bring: Cell phones, tents, food, beverages, candy, air mattresses, electronic devices, or any additional medication.

Please note: If anything is brought that we consider disrespectful to the learning experience, we reserve the right to take the items and hold until the completion of the program.

**Can anyone participate?** Yes, any high school student with permission slip and a minimum \$50.00 in pledge donations can participate in this event.

### **How Can Parents Help?**

- We are looking for parents to help throughout the night and overnight. We are expecting a record number of teens and need extra supervision.
- Can you help find sponsors? Please encourage your teen to contact various people you do business with - your dentist, doctor, insurance salesman, or friend that works at a local business.
- Contribute items for a TLC Bag - see additional information sheet.
- Any new ideas welcome!

Please feel free to contact us with questions.

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